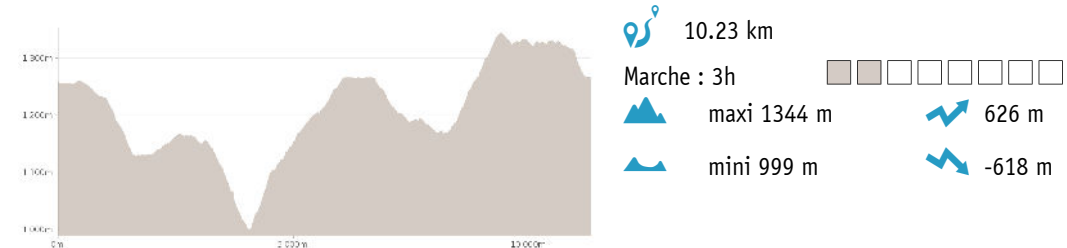
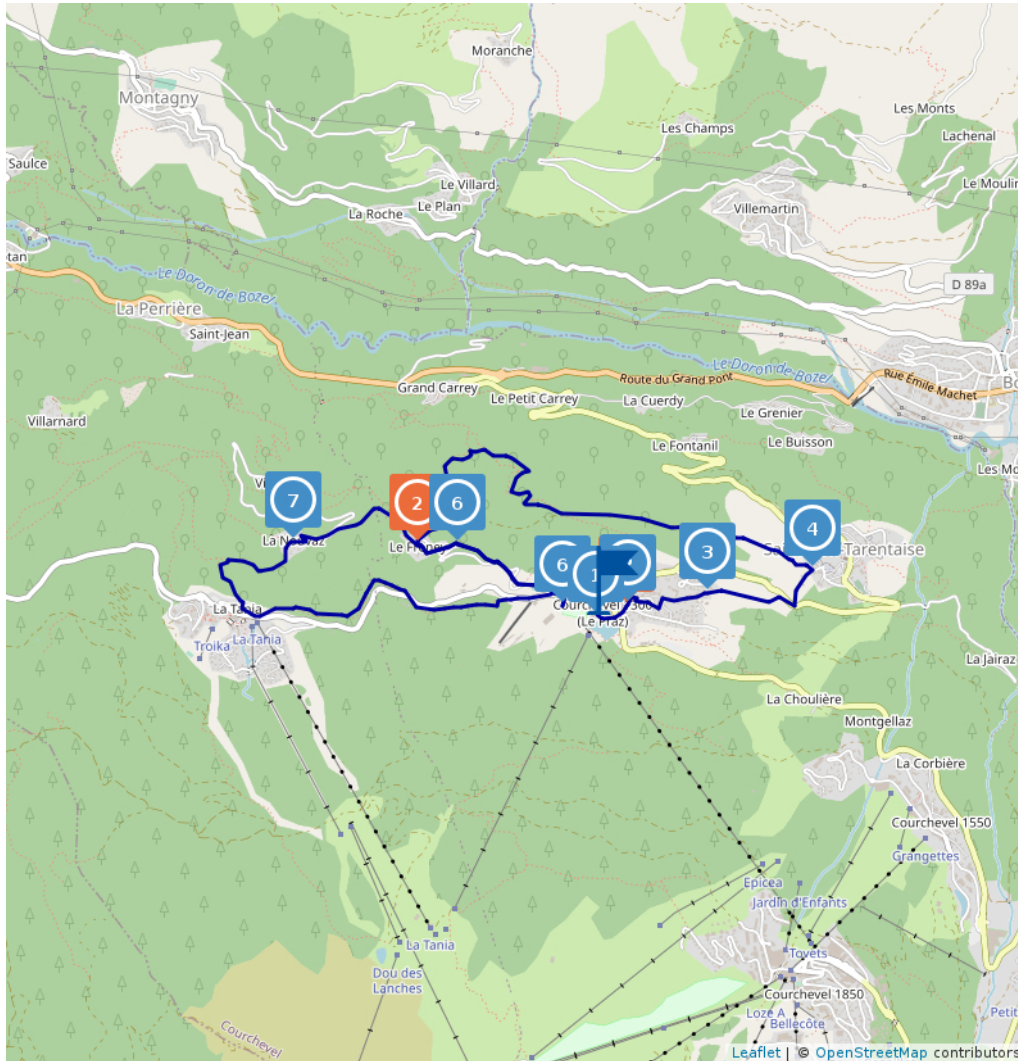


LE PRAZ - SAINT-BON - LE FRENEY - LA TANIA

Suggested by:
Courchevel Tourisme
"This PDF is generated from Cirkwi."
www.cirkwi.com/circuit/30644



An easy walk to explore the forest and the villages.

This route contains
2 points of interest and 7 waypoints

This route is provided for informational purposes only. Cirkwi does not warrant the accuracy of the information contained in the texts, maps or photos on this route. Find more information on www.cirkwi.com



Updated on 08-11-14 by Courchevel Tourisme and generated by www.cirkwi.com

1

Rue de la Chapelle
73120 SAINT-BON-TARENTEISE
 Altitude : 1257m

Patrimoine religieux

Le Praz Chapel

Soak up the traditional village atmosphere as you explore the old bread oven's site on the square which was once home to the chapel devoted to Sainte Marie-Madeleine (15th century and extended in 1697). Don't forget to go on a quick detour via Rue des Beauforts where you'll see traditional homes and the relics of a former Beaufort maturing cellar.



2

D98
73600 SAINT-BON-TARENTEISE
 Altitude : 1201m

Patrimoine religieux

Le Freney et sa chapelle

LE FRENEY

Le Freney (1190m) is a hamlet next to La Perrière surrounded by orchards with a chapel devoted to Sainte-Anne (1680).

1

Rue des Tremplins Olympiques
73120 SAINT-BON-TARENTEISE
Altitude : 1260m

From Le Praz Tourist Information

From Tourist Information, walk to the village of Le Praz past the Hôtel des Peupliers up to the chapel.



2

Rue de la Chapelle
73120 SAINT-BON-TARENTEISE
Altitude : 1257m

Rue de la Culaz

Go straight on then turn right onto Rue de la Culaz.

3

Rue de la Perrellaz
73120 SAINT-BON-TARENTEISE
Altitude : 1245m

The village ends and the path begins

After you've walked around a bend past the school, go along the dirt path across the meadows. Cross the main road a little further along and go back down to Saint Bon's first houses.

4

Chemin de Champ Coquet
73120 SAINT-BON-TARENTEISE
Altitude : 1135m

Chemin du Paradis

Take the first path on the left (Chemin du Paradis) in the village. Walk past the meadows into the forest; at every crossroads continue straight on until you come out onto a short steep slope to the hamlet of Freney.

6

D98
73120 SAINT-BON-TARENTEISE
Altitude : 1217m

Back to the village of Le Praz

Take the road on the left in the hamlet then, at the first hairpin turn, continue straight on. After you've come out onto the road, continue for a few hundred metres until you come out at Le Praz ski jumps.

6

Rue des Tremplins Olympiques
73120 SAINT-BON-TARENTEISE
Altitude : 1267m

Le Praz ski jump stadium

THE OLYMPIC SKI JUMPING VENUE

Le Praz Plateau was chosen to host the ski jump and Nordic combined competitions at the 1992 Albertville Olympic Games. Two ski jumps were built for the occasion: one measuring 120m and the other 90m. Previously there had been a 40m ski jump on this site used for the Grand Prix in

the interwar period. The site has now been developed and has two additional 60m and 25m ski jumps and a gym called L'Envolée.



Unnamed Road
73600 LA PERRIÈRE
Altitude : 1194m

Alternative way back via La Nouvaz

Take the road on the right up to the hamlet of La Nouvaz. Walk up to the top of the hamlet and along the forest path. At the first intersection, turn right; at the next intersection, turn left and you'll end up near the La Tania chalets.

Continue a few metres on the left until you reach La Tania ski lift terminal then go left on a mountain path to come out at Chalet du Tal. Cross the road and go on the slightly steep uphill path opposite to go back down to the nearby Olympic ski jumps.